1. Discuss how you generally felt about the quality of your pitching performance.

2. Describe the best inning/batter you faced. What did you learn? What can you use in the future?

3. Describe your worst inning/batter you faced. What did you learn? What would you do differently?

4. In general, how well were you in control of yourself during your performance?
5. How was your recognition of your signal lights?

6. Did you recognize when you needed "something to go to?" What did you go to?

7. What did you learn for this performance to get better?

8. What was one thing you enjoyed in this outing?
9. What are you working on in your next bullpen as a result of this series? List two goals.

10. How was your ability to commit to pitches?

11. How was your ability to execute your pitches?

12. How did you do taking possession of the mound? How “BIG” were you?